Evacuation Life

Choosing where to evacuate to

When a major disaster strikes, you will be forced into evacuation life at a safe location for an undetermined time.

At-home evacuation

If your building is safe and you can ensure your safety at home, we strongly recommend "at-home evacuation" so that you can remain in a familiar location. Evacuation shelters are places to go if you are unable to evacuate at home, so there is no need to go to one if it is not necessary. It is vital to stockpile drinking water and food at home.



Evacuating to a shelter

Living in an evacuation shelter can be inconvenient, and the stress can cause some people to fall ill. To minimize these difficulties, it is essential for all evacuees to follow the shelter's rules and to support each other while there.



Tips for shelter operation and life at a shelter

Follow all shelter rules while living there

- Observe the rules of communal living, such as waking and sleeping hours, restroom use, etc.
- Maintain a clean-living environment: put garbage out in designated areas, use toilets cleanly, and clean regularly



Households with seniors and people with disabilities

- Review the evacuation site in advance. Communicate with neighbors who can help you evacuate in the event of a disaster.
- Secure a living space in the shelter that is close to entrances and exits and toilets



Participate in shelter operations by sharing roles and responsibilities

Evacuees should also assist with the operation of the shelter. Please share the responsibilities of cleaning, cooking, distributing supplies, and the like to the extent you can.

Households with pregnant women and the like

 Secure a location where you can change, breastfeed, change diapers and so on in privacy



Be careful about health management

- Move around regularly to prevent deep-vein thrombosis
- Dehydration causes many physical problems. Be sure to hydrate regularly, without worrying about how often you have to go to the bathroom.



If you have food allergies

- Stockpile food that you can eat on a daily basis
- Devise a way to easily inform people of your allergy/allergies



Take thorough measures to prevent infection

- Wear a mask and wash your hands thoroughly
- Disinfect your hands with alcohol sanitizer, and regularly disinfect handrails, doorknobs and other places that many people touch
- Ventilate your space regularly
- Have people with a fever or other symptoms stay in a dedicated space



Evacuating with pets

- There may be people at the shelter who do not like animals or are allergic. Keep pets in cages and manage them at the dedicated space.
- Make sure your pet is accustomed to staying in a cage, and provide basic training, including potty
- You must provide cages, pet food, and other supplies for your pet. Owners are responsible for the care and feeding of their pets.
- The Gyoda City website also offers information about evacuating with pets

Be aware of criminal activities

Shelters should be operated with a high awareness of crime prevention. Create an environment that deters crime by patrolling and guarding sleeping areas and dedicated spaces.



Evacuation Life

Make a copy of your completed evacuee card. After that, cut it out along the dotted line and store it with your emergency supplies

Evacuee Card

When you enter an evacuation shelter, you must fill out an "evacuee card" at the reception desk. This is used to keep track of evacuees, confirm their safety, and distribute supplies. Filling out evacuee cards in advance will help ensure smoother evacuation life.



You can also download an evacuee card from the Gyoda City website.

Evacuee Card

避難者カード

・The head of your household should fill out an evacuee card when entering a shelter. 避難所への入所時に、世帯代表の方が記入してください。

1	Residents' association name 自治会名										
		Name and <i>furigana</i> ^(ふりがな) 氏名	Ag 年逝	e 給		Remarks considerations, etc.) (特別な配慮等)					
	Names, etc. 氏名等										
2											
	Maa										
3	Address 住所										
4	Telephone number 電話番号	Representative cellphone number: 代表者携带:									
	Situation of home Circle (〇) the answer(s) to the best of your knowledge 家屋の状況 わかるものに○	Totally collapsed / Partially collaps Partially damaged 全壊・半壊・一部損壊	sed /	Livable (Yes / No) 居住の可否(可・否)							
5		Flooding above floor level / Flooding below floor level 床上浸水・床下浸水	Water cut off / Power outage / Gas cut off 断水・停電・ガス停止								
6	Emergency contact information 緊急連絡先										
7	Special remarks 特記事項	Please indicate any qualifications you have (nurse, disaster prevention specialist, etc.) that would be useful at the shelter as well as any other requests you have.									
		<u>避難所運営において役に立つ資格(看護師、防災士等)、その他要望等があれば記入してください。</u>									
	N4			<u> </u>		V /N					
8	May we disclose information to inquire about your safety? Yes / No 安否の問い合わせに情報を公開してもよいですか。 はい・いいえ										

※	Tο	he	filled	out	by the	oner	ration	comm	nittee
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[※] 以下は運営委員会で記載します。

Evacuee Card No. 避難者カード No.	Da	ite of leaving: 退所年月日		New address and contact information 転居先と連絡先				
	Year 年	Month 月	Day 日	New address: 転出先 Tel: 電話				

List of evacuation sites/shelters



Designated emergency evacuation sites

Places to evacuate to protect lives in the event of a disaster or when a disaster threatens



Designated evacuation shelters

Facilities for evacuees, including those whose residences were damaged by the disaster, to temporarily live in*1 *2

No.	Facility name		Address	Earth- quakes		ods Arakawa	Area	No.	Facility name		Address	Earth- quakes		ods Arakawa	Area
1	Oshi Elementary School	角	7-20 Honmaru	O	Tone River	River	B-3	37	Sakuragaoka Community Center	角	1812-1 Nagano	O	Tone River	River	B-2
2	Oshi Jr. High School	角	18-6 Honmaru	0	Δ	Δ	B-3		Nagano Community Center	角	1-4-8 Nagano	0	Δ	0	B-3
3	City Office parking lot	文	2-5 Honmaru	0			B-3	39	Prefectural Gyoda Special Education School	氽	4235 Nagano	0	Δ	Δ	B-3
4	Oshijo Bus Terminal	文	3-5 Honmaru	0			B-3	40	Prefectural General Education Center	角	2-24 Fujimicho	0	Δ	0	B-2
5	Industry and Culture Hall parking lot	文	2-20 Honmaru	0			B-3	41	Fujimi Park	文	1-15 Fujimicho	0			C-3
6	Commerce and Industry Center	角	2-1-8 Oshi	0	Δ	Δ	B-3	42	Fujimi Children's Traffic Park	À	2-9 Fujimicho	0			B-2
7	Community Center Mizushiro	角	5-10 Honmaru	0	Δ	Δ	B-3	43	Araki Community Center	囹	1111 Araki	0		0	C-2
8	Chuo Children's Park	İ	6-1 Chuo	0			B-3	44	Minuma Elementary School	옜	1606 Araki	0	Δ	0	C-2
9	Minami Elementary School	文	1-25-4 Sama	0	Δ	Δ	B-3	45	Minuma Jr. High School	角	4892 Araki	0	Δ	0	C-2
10	Community Center Mizushiro Annex	X	5-3 Mukaimachi	0			B-3	46	Former Suka Elementary School	角	4586 Suka	0	0	0	C-1
1	Gyoda Jr. High School	文	3-3-8 Sama	0	Δ	Δ	B-3	47	Suka Community Center	愈	4650-2 Suka	0	Δ	0	C-1
12	Oshi/Gyoda Community Center	文	1-22-11 Sama	0			B-3	48	Minuma Motoiri Park	· T	3792 Suka	0			B-1
13	Sama Community Center	次	3-1-37 Sama	0	Δ	Δ	B-3	49	Former Kitagawara Elementary School	愈	1517 Kitagawara	0	Δ	0	A-1
14	Silver Employment Center	文	13-24 Asahicho	0			B-3	50	Kitagawara Community Center	魚	1378 Kitagawara	0		0	A-1
15	Gender Equality Promotion Center	文	3-23-6 Sama	0	Δ	Δ	B-3	51	General Welfare Hall	例	1737-1 Sakamaki	0	Δ	0	B-1
16	Mukaimachi Park	· A	7 Mukaimachi	0			B-3	52	Minamikawara Elementary School	角	782 Minamikawara	0	Δ	0	A-1
17	Mochida Community Center	户	5-9-26 Josai	0	Δ	Δ	A-3	53	Minamikawara Jr. High School	角	1081 Minamikawara	0	Δ	0	A-1
18	Nishi Elementary School	<u>余</u>	3-5-9 Mochida	0	Δ	Δ	A-3	54	Minamikawara Community Center	角	869 Minamikawara	0		0	A-1
19	Nishi Jr. High School	角	600 Mochida	0	0	Δ	A-3	55	Mamizuka Park		540-1 Mamizuka	0			A-2
20	Josai Park	· A	3-14 Josai	0			A-3	56	Inuzuka Noson Park	Ż.	1460 Inuzuka	0			B-1
21	Hoshikawa Community Center	角	2082 Yago	0	Δ	0	B-2	57	Sakitama Elementary School	角	4610-2 Sakitama	0	0	Δ	C-4
22	Kita Elementary School	角	94-1 Wada	0	Δ	0	B-2	58	Sakitama Jr. High School	角	4143-1 Sakitama	0	0	Δ	C-4
23	Prefectural Shinshukan High School	Ż.	1320 Nagano	0	Δ	0	B-2	59	Sakitama Community Center	角	4600 Sakitama	0	Δ	Δ	C-4
24	General Gymnasium	À	1242 Wada	0	Δ	0	B-2	60	Sakitama Kofun Park	Ż.	4834 Sakitama	0			B-3
25	General Park	*	1165 Wada	0			B-2	61	Former Hoshimiya Elementary School	角	47 Kamiikemori	0	Δ	Δ	A-2
26	Oi Community Center	入	1-58-10 Tanadacho	0	Δ		A-3	62	Hoshimiya Community Center	角	46 Kamiikemori	0			A-2
27	Izumi Elementary School	角	70 Mochida	0	Δ	Δ	A-3	63	Shimooshi Elementary School	角	2451 Shimooshi	0	Δ	Δ	B-3
28	Kadoi Baseball Field	Ż.	2-23 Kadoicho	0			A-3	64	Shimooshi Community Center	角	214 Hinoue	0			B-3
29	Shimizucho Park	Ż.	11 Shimizucho	0			A-4	65	Ota Community Center	角	971 Shimosudo	0	Δ	0	C-3
30	Tsurudoi Park	İ	3-8 Kadoicho	0			A-3	66	Ota-Nishi Elementary School	角	3521 Kobari	0	Δ	0	C-3
31	Ichiriyama Park	Ż.	1-51 Ichiriyamacho	0			A-4	67	Ota-Higashi Elementary School	角	955 Manaita	0	Δ	0	D-3
32	Tanada Chuo Park	T	1-2 Tanadacho	0			A-3	68	Ota Jr. High Scool	角	1164-1 Shimosudo	0	Δ	0	C-3
33	Higashi Elementary School	角	2-26-8 Nagano	0	Δ	Δ	B-3	69	Community Culture Center	角	1173-2 Manaita	0		0	D-3
34	Nagano Jr. High School	角	2-1-55 Sakuracho	0	Δ	0	B-2	70	Community Exchange Center	角	629 Shimosudo	0		0	D-2
35	Prefectural Shinshukan High School (former Kogyo High School)	角	1354 Nagano	0	Δ	0	B-2	1	Kodai Hasu-no-Sato	本	2375-1 Kobari	0			C-3
36	Sakuragaoka Elementary School	角	1880 Nagano	0	Δ	0	B-2	72	Suijo Park	文	Suijo Park	0			B-3

Notes: 1. Designated evacuation shelters open depending on the state of the disaster, so not all facilities will be open at the same time.

O: Available

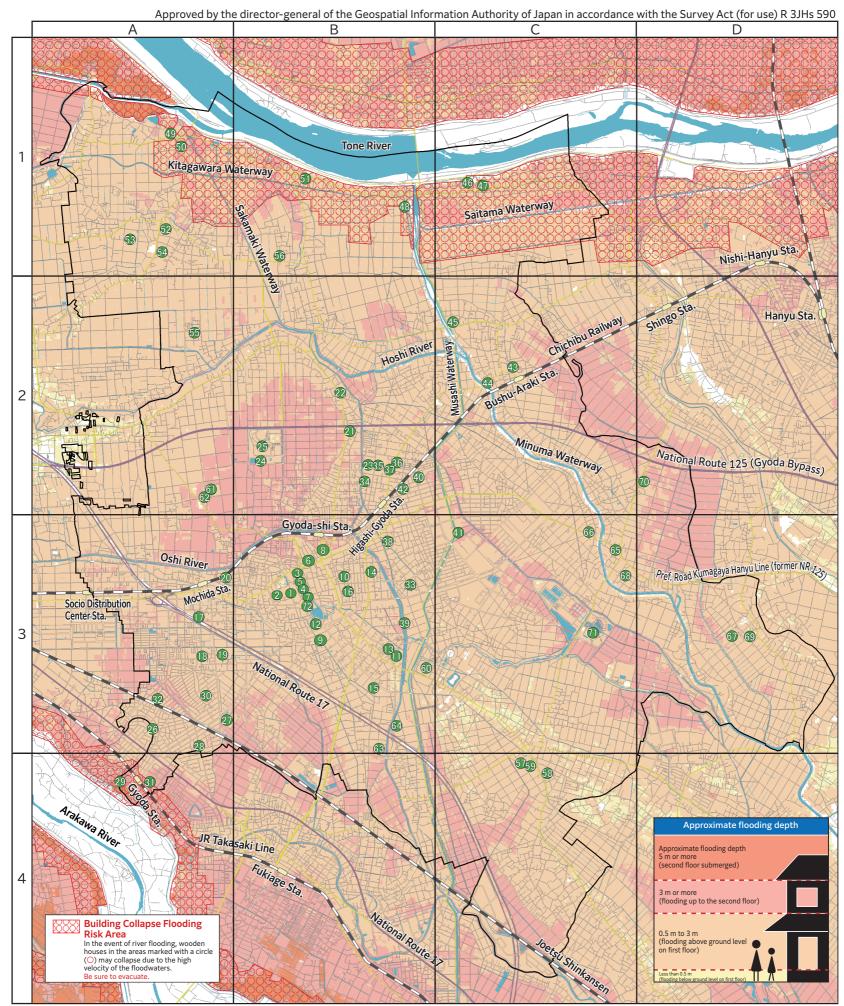
 $[\]Delta$: Second floor and above available

Expected flooding area map

This map shows the extent and depth of flooding if the Arakawa, Tone, Koyama, Fuku, Karasawa, Oshi and Hoshi rivers all overflow according to the maximum expected rainfall (a scale that only occurs approximately every thousand years) announced by the national and prefectural governments.

To be prepared for flooding emergencies, check the predicted depth of flooding around your home, workplace and other places where you usually are. Please also confirm your evacuation route to the nearest designated evacuation site or evacuation shelter.

It is also important to actually walk the evacuation route to check for any areas that may become dangerous if a disaster occurs.



This expected flooding area map was created based on a simulation of the maximum expected rainfall. However, please note that the actual areas and depth of flooding may differ if it rains even more than the maximum simulated amount.